

PHYS 1001 Foundations of Physics I

Instructor: Jesse Heilman

How to address me: Dr/Prof Heilman

Gender Pronouns: (he/him/his) ([learn more](#))

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Student Hours: TBD

What are 'Student Hours'?

Student hours are office hours renamed, i.e., dedicated times through the week for the course instructor to meet with you. This course will be delivered with flexible synchronous classes (see below) in which students are encouraged to ask questions. If you would like to meet separately, feel free to email me to set up a time to meet

Office Location: Room 3314 HP

[Click here for visual directions.](#)

Class Location: UC 182 (see "Course delivery" below)

[Click here for visual directions.](#)

Class Times: Tuesday & Thursday, 11:35am-12:55pm

Prerequisites: Before taking this course, you should have taken Grade 12 Mathematics: Advanced Functions and Grade 12 Mathematics: Calculus and Vectors or equivalent, plus one of MATH 1004 or MATH 1002 or MATH 1052 (the MATH course may be taken concurrently); or permission of the Physics Department. Grade 12 Physics is strongly recommended.

Website: <https://brightspace.carleton.ca>

Algonquin territory acknowledgement: We acknowledge that the land on which we gather and learn is the traditional and unceded territory of the Algonquin nation. You are invited [to learn more](#), reflect on how you can support anti-racism and decolonization, and take action. <https://carleton.ca/indigenous/>

Course delivery: The course will consist of synchronous meetings that will follow an **in-person** model where we will gather in our classroom. I will lead a discussion of the course material in a lecture style following the 'chalk-and-talk'. Students are encouraged to ask questions and engage with the material during the lecture. These sessions are intended to be the primary method of course delivery and it is highly recommended that you attend these sessions except in the case of an emergency.

Lecture recording: I will be recording the lectures in order to accommodate emergencies, illness, or other reasons that students may have to miss a lecture. However, **recorded lectures will not be posted for general use.** Throughout the term, each student can request access to a recorded lecture up to **two** times without giving any reason. This accommodation is intended to give flexibility to students who cannot attend lecture for reasons beyond their control. It is not intended to act as a substitute for primary

instruction. If further accommodation is required, please make an appointment with Professor Heilman.

Important Dates: Please see <https://calendar.carleton.ca/academicyear/> for a full list of important dates for the term. An especially important date November 15th which is the last day for withdrawal from the course without receiving a 'WDN' on your transcript.

Welcome to PHYS 1001!

This course focuses on teaching you the basics upon which other, more complicated physics is based on. While learning equations and how to get the right answers for problems is important, this course also strives to begin to change how you think about the world around you. The reality of how world works is mysterious and beautiful, and it is necessary to think about it critically to develop deep understanding. Ask questions! Challenge your assumptions! Always remember: "Wisdom begins with, 'I do not know.'"

Calendar entry: This calculus-based course on classical mechanics covers kinematics, dynamics, gravitation, and oscillatory motion. This is a specialist course for students intending to take further courses in physics.

If you have not previously taken nor are currently enrolled in MATH 1002, MATH 1004, or MATH 1052, contact Professor Heilman immediately as they are necessary to be successful in this course.

Inclusive teaching statement: Science is for everyone. I am committed to fostering an environment for learning that is inclusive for everyone regardless of gender identity, gender expression, sex, sexual orientation, race, ethnicity, ability, age, class, etc. All students in the class, the instructor, and any guests should be treated with respect during all interactions. It is my hope that our class will support diversity of experience, thought, and perspective. I will continually strive to create inclusive learning environments and would therefore appreciate your support and feedback. I welcome emails or in-person communications to let me know your preferred name or pronoun. Please see the Faculty of Science Equity, Diversity, and Inclusion (EDI) statement: <https://science.carleton.ca/about/edi/>

Community Guidelines

The following values are fundamental to academic integrity and are adapted from the International Center for Academic Integrity*. In our course, we will seek to behave with these values in mind:

	As students, we will...	As a teaching team, we will...
Honesty	<ul style="list-style-type: none"> Honestly demonstrate our knowledge and abilities on assignments and exams Communicate openly without using deception, including citing appropriate sources 	<ul style="list-style-type: none"> Give you honest feedback on your demonstration of knowledge and abilities on assignments and exams Communicate openly and honestly about the expectations and standards of the course through the syllabus, and with respect to assignments and exams
Responsibility	<ul style="list-style-type: none"> Complete assignments on time and in full preparation for class Show up to class on time, and be mentally/physically present Participate fully and contribute to team learning and activities 	<ul style="list-style-type: none"> Give you timely feedback on your assignments and exams Show up to class on time, and be mentally & physically present Create relevant assessments and class activities
Respect	<ul style="list-style-type: none"> Speak openly with one another, while respecting diverse viewpoints and perspectives Provide sufficient space for others to voice their ideas 	<ul style="list-style-type: none"> Respect your perspectives even while we challenge you to think more deeply and critically Help facilitate respectful exchange of ideas
Fairness	<ul style="list-style-type: none"> Contribute fully and equally to collaborative work, so that we are not freeloading off others Not seek unfair advantage over fellow students in the course 	<ul style="list-style-type: none"> Create fair assignments and exams, and grade them in a fair, and timely manner Treat all students equitably
Trust	<ul style="list-style-type: none"> Not engage in personal affairs while on class time Be open and transparent about what we are doing in class Not distribute course materials to others without authorization 	<ul style="list-style-type: none"> Be available to all students when we say we will be Follow through on our promises Not modify the expectations or standards without communicating with everyone in the course
Courage	<ul style="list-style-type: none"> Say or do something when we see actions that undermine any of the above values Accept a lower or failing grade or other consequences of upholding and protecting the above values 	<ul style="list-style-type: none"> Say or do something when we see actions that undermine any of the above values Accept the consequences (e.g., lower teaching evaluations) of upholding and protecting the above values

² This class statement of values is adapted from Tricia Bertram Gallant, Ph.D.

Learning Materials

Texts: *Physics for Scientists and Engineers 10th Edition, Serway and Jewett*

- *Volume 1 will be used for this course and Volume 2 will be used for Phys 1002 next semester*

Laboratory Notebook

Purchase a hardcover lab notebook with alternating graph pages from either the Bookstore in the University Center or Science Stores in the Stacie building, room 118

Assessment in this Course

Research about learning strongly suggests that the most important factor in learning is doing the work of reading, writing, recalling, practicing, synthesizing, and analyzing. Learning happens best when people actively engage material on a consistent basis, and that is why we have high standards in this course. We are confident that, with appropriate effort, you **all** can meet those standards.

We also make an effort to reduce unintentional bias in grading by, for example and when possible, grading assignments one question at a time (grading all of question 1 before grading any of question 2), grading anonymously, and using rubrics.

All marks will be posted on Brightspace. If you think there is an error in the Brightspace gradebook, contact me immediately as it will be used as the official record for your marks.

Grade Breakdown

COMPONENT	GRADE VALUE
ASSIGNMENTS	20%
LAB EXPERIMENTS	25%
EXAMS	30% (10% midterm, 20% final)
TUTORIAL ASSESSMENTS	25%

Assignments

Assignments will be distributed roughly each week throughout the term and will generally be due 1 week after distribution. They are designed to give you an opportunity to exercise technical and critical thinking skills in an asynchronous environment. Homework assignments submitted after the due date will not be accepted.

Students are permitted to discuss concepts and strategies related to solving the assignments; however, the work you turn in must be your own. The assignments are a critical part of the course and working through the problems yourself is essential to learn the material. Your homework solutions should be thorough, self-contained, and logical, with all steps explained.

Assignments will be posted on Brightspace. Solutions may be hand-written or type-set so long as they are easily understood and marked. Help us to give you marks by ensuring your work is legible and easy to follow. Sometimes this means rewriting your solutions once you complete the problem the first time so that your logic is easy to follow. Complete the assigned problems and submit a digital copy, as a single PDF file, of them on Brightspace before the due date. Ensure that your uploaded assignment is legible and your writing, if you hand wrote the solutions, is dark enough to easily read.

Laboratories and Tutorials

There are six labs to be completed as shown on Brightspace (see your lab instructor for more details).

On five of the weeks where there is no lab to complete, the laboratory time will be given as tutorial sessions where students will complete problems with assistance of the lab staff and TAs. During the tutorials, a formative assessment will be given that, all together, will count for 25% of the final mark. These assessments are designed to give you an evolving assessment of your understanding of the material as the course progresses. For each of these assessments there will be several basic questions and one 'exam-type' question which will demonstrate what to expect from the midterm and final exams. The lowest Tutorial Assessment mark will be dropped from your final score calculation.

Midterm exam

A Midterm exam will be given on Tuesday November 1st during normal class time and will cover material discussed in class up to that point.

Final exam

The final exam will take place during the final exam period and will be administered in-person.

Special Information Regarding COVID-19

It is important to remember that COVID is still present in Ottawa. The situation can change at any time and the risks of new variants and outbreaks are very real. There are [a number of actions you can take](#) to lower your risk and the risk you pose to those around you including being vaccinated, wearing a mask, staying home when you're sick, washing your hands and maintaining proper respiratory and cough etiquette.

Feeling sick? Remaining vigilant and not attending work or school when sick or with symptoms is critically important. If you feel ill or exhibit COVID-19 symptoms do not come to class or campus. If you feel ill or exhibit symptoms while on campus or in class, please leave campus immediately. In all situations, you must follow Carleton's [symptom reporting protocols](#).

Masks: Carleton has paused the [COVID-19 Mask Policy](#), but continues to strongly recommend masking when indoors, particularly if physical distancing cannot be maintained. It may become necessary to quickly reinstate the mask requirement if pandemic circumstances were to change.

Vaccines: Further, while proof of vaccination is no longer required as of May 1 to attend campus or in-person activity, it may become necessary for the University to bring back proof of vaccination requirements on short notice if the situation and public health advice changes. Students are strongly encouraged to get a full course of vaccination, including booster doses as soon as they are eligible, and submit their booster dose information in [cuScreen](#) as soon as possible. Please note that Carleton cannot guarantee that it will be able to offer virtual or hybrid learning options for those who are unable to attend the campus.

All members of the Carleton community are required to follow requirements and guidelines regarding health and safety which may change from time to time. For the most recent information about Carleton's COVID-19 response and health and safety requirements please see the [University's COVID-19 website](#) and review the [Frequently Asked Questions \(FAQs\)](#). Should you have additional questions after reviewing, please contact covidinfo@carleton.ca.

Note about COVID-19 & Mental Health: The global pandemic has led to extra stress and uncertainty for everyone, and while we may all be experiencing the same storm, this does not mean that we are all in the same boat! If you are struggling, please do not hesitate to

reach out. I can direct you to resources that might help. Remember that Carleton also offers an array of mental health and well-being resources, which can be found [here](#).

University Policies

In accordance with the Carleton University Undergraduate Calendar Regulations, the letter grades assigned in this course will have the following percentage equivalents:

A+ = 90-100	B+ = 77-79	C+ = 67-69	D+ = 57-59
A = 85-89	B = 73-76	C = 63-66	D = 53-56
A- = 80-84	B- = 70-72	C- = 60-62	D- = 50-52
F = <50			

WDN = Withdrawn from the course

ABS = Student absent from final exam

DEF = Deferred

FND = (Failed, no Deferred) = student could not pass even with 100% on final exam

Academic Accommodations, Regulations, Plagiarism, Etc.

Carleton University is committed to providing access to the educational experience in order to promote academic accessibility for all individuals.

Academic accommodation refers to educational practices, systems and support mechanisms designed to accommodate diversity and difference. The purpose of accommodation is to enable students to perform the essential requirements of their academic programs. At no time does academic accommodation undermine or compromise the learning objectives that are established by the academic authorities of the University. More information can be found at: <https://students.carleton.ca/course-outline/>

University rules regarding registration, withdrawal, appealing marks, and most anything else you might need to know can be found on the university's website, here:

<https://calendar.carleton.ca/undergrad/regulations/academicregulationsoftheuniversity/>

Academic Accommodations for Students with Disabilities

If you have a documented disability requiring academic accommodations in this course, please contact the Paul Menton Centre for Students with Disabilities (PMC) at 613-520-6608 or pmc@carleton.ca for a formal evaluation or contact your PMC coordinator to send your instructor your Letter of Accommodation at the beginning of the term. You must also contact the PMC no later than two weeks before the first in-class scheduled test or exam

requiring accommodation (if applicable). After requesting accommodation from PMC, meet with your instructor as soon as possible to ensure accommodation arrangements are made. For more details, visit the [Paul Menton Centre website](#).

Addressing Human Rights Concerns

The University and all members of the University community share responsibility for ensuring that the University's educational, work and living environments are free from discrimination and harassment. Should you have concerns about harassment or discrimination relating to your age, ancestry, citizenship, colour, creed (religion), disability, ethnic origin, family status, gender expression, gender identity, marital status, place of origin, race, sex (including pregnancy), or sexual orientation, please contact the Department of Equity and Inclusive Communities at equity@carleton.ca.

Religious Obligations

Please contact me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, please review the [Student Guide to Academic Accommodation \(PDF, 2.1 MB\)](#).

Survivors of Sexual Violence

As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: <https://carleton.ca/sexual-violence-support/>

Accommodations for Missed Work

Carleton recognizes that these are unprecedented times during the COVID-19 pandemic, and that students may be experiencing greater stress and other life factors that are not in their control. As a result, Carleton has put into place a protocol for students to apply for accommodations using a self-declaration form in the event of missed work. The form can be found at: <https://carleton.ca/registrar/wp-content/uploads/self-declaration.pdf>

For Pregnancy

Please contact me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist.

For more details, please review the [Student Guide to Academic Accommodation \(PDF, 2.1 MB\)](#).

Accommodation for Student Activities

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation must be provided to students who compete or perform at the national or international level. Please contact me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, see the [Senate Policy on Accommodation for Student Activities \(PDF, 25KB\)](#).

Academic Integrity

Academic misconduct undermines the values of honesty, trust, respect, fairness, and responsibility that we expect in this class. Carleton University provides supports such as academic integrity workshops to ensure, as far as possible, that all students understand the norms and standards of academic integrity that we expect you to uphold. Your teaching team has a responsibility to ensure that their application of the Academic Integrity Policy upholds the university's collective commitments to fairness, equity, and integrity.

(adapted from Carleton University's Academic Integrity Policy, 2021).

Examples of actions that do not adhere to Carleton's Academic Integrity Policy include:

- Plagiarism
- Accessing unauthorized sites for assignments or tests
- Unauthorized collaboration on assignment and exams

Sanctions for not abiding by Carleton's Academic Integrity Policy

A student who has not adhered to Carleton's Academic Integrity Policy may be subject to one of several sanctions:

1. If you take full responsibility for your actions, and it is the first time you have violated the policy, you will receive zero on the assessment. If you are found to have violated the policy but do not take responsibility, an additional grade deduction will be applied (e.g. an A- will become a B+)
2. Subsequent violations of the policy may result in more severe sanctions such as failing the course, suspension from all studies and/or expulsion.

Process of an Academic Misconduct Investigation

Step 1: The instructor believes misconduct has occurred and submits documentation to the Dean of the Faculty of Science.

Step 2: The Dean reviews documentation and can proceed with or dismiss the allegation.

Step 3: If sufficient evidence, the student receives an allegation statement by email. Ombuds services is copied on the email.

Step 4: The student provides a written response to the evidence provided.

Step 5: Either party may request a meeting between student, dean, and the ombudsperson.

Step 6: Dean informs the student of the decision.

Appeal: Student has the right to appeal the decision.

Additional details about this process can be found on the [Faculty of Science Academic Integrity website](#). Students are expected to familiarize themselves with and follow the Carleton University [Student Academic Integrity Policy](#). The Policy is strictly enforced and is binding on all students.

Plagiarism

Plagiarism is the passing off of someone else's work as your own and is a serious academic offence. For the details of what constitutes plagiarism, refer the [Faculty of Science Academic Integrity website](#). To further understand Academic Integrity, consider attending the [Learning and Support Academic Integrity Workshop](#).

What are the Penalties for Plagiarism?

A student found to have plagiarized an assignment may be subject to one of several penalties including: expulsion; suspension from all studies at Carleton; suspension from full-time studies; and/or a reprimand; a refusal of permission to continue or to register in a specific degree program; academic probation; award of an FNS, Fail, or an ABS.

What are the Procedures?

1. All allegations of plagiarism are reported to the Dean of Faculty of Science. Documentation is prepared by instructors and/or departmental chairs.
2. The Dean writes to the student and the University Ombudsperson about the alleged plagiarism.
3. The Dean reviews the allegation. If it is not resolved at this level then it is referred to a tribunal appointed by the Senate.

Students are expected to familiarize themselves with and follow the Carleton University Student Academic Integrity Policy. The Policy is strictly enforced and is binding on all students.

Course Copyright

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copyright protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s).

Assistance for Students

Academic and Career Development Services: <http://carleton.ca/sacds/>

Writing Services: <http://www.carleton.ca/csas/writing-services/>

Peer Assisted Study Sessions (PASS): <https://carleton.ca/csas/group-support/pass/>

Math Tutorial Centre: <https://carleton.ca/math/math-tutorial-centre/>

Science Student Success Centre: <https://sssc.carleton.ca/>